

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Florah Phohu**

Has successfully participated & completed the  
**10km SA Run 4 Cancer Ultra Marathon 2019**  
held at Polokwane Rugby Fields.

**TIME 01:18:01**

**PACE 07:48/km**

**GENDER 128 of 454**

**OVERALL 331 of 765**

**SENIOR (20- 73 of 244 39)**



26 October 2019, Sat

Date

*BoutTime*

Signature

